

Please note: Class schedules and times are subject to change. For the most up-to-date information, please refer to our online calendar or visit My Active Center.

If you have difficulty with technology or lack access, call **574-397-0275** to leave a message for event registration. You'll receive a text, email, or callback to confirm your registration

New classes highlighted with a box.

- Includes Class Fees
- **†** Religious Topics

Monday	Tuesday	Wednesday	Thursday	Friday
9:00 Coffee & Conversation 10:00 American Mahjong 10:25 Chair Cardio and Strength Training ③ 11:00 Writing for Self-Discovery: Stories Within 1:00pm Study of the Book Knowing God † 1:30 Gentle Pickleball 2:00 Cardio Drumming ③ 2:15 Acts: The Early Church Story † 2:30 Open Play Pickleball	8:00 Open Play Pickleball 10:00 Rope Making & Knots: A Hands-On Adventure 10:30 The Evolution of American Federalism 2:00 Line Dancing with Sandy 6:00 Pilates Evening Class	8:00 Open Play Pickleball 10:00 American Mahjong 10:00 Chess Warm Up 10:00 Open Paint Morning Creativity Session 1:00 Euchre Club 2:30 Open Play Pickleball	8 8:00 Open Play Pickleball 8:00 Coffee and Conversation: Roundtable Talk 9:30 Memory Screening: MoCA Testing 10:25 Chair Cardio and Strength Training § 11:00 Health RHYTHMS Drumming § 12:00 Cardio Drumming § 2:00 New Member Orientation and Welcome 3:00 Light Strength Training for All Abilities §	9:00 Inside Walk at OWLS Club 10:00 Knitting & Crochet: Stitching for a Cause 11:45 Lunch Bunch with John & Ann 1:00 Games! 1:00 Ping Pong and Pool Friday Fun 9:00 Inside Walk at OWLS Club 10:00 Knitting & Crochet: Stitching for a Cause 10:00 Veterans & Family Suppor Services 11:45 Lunch Bunch with John & Ann 1:00 Games! 1:00 Ping Pong and Pool Friday Fun
3:00 Light Strength Training for All Abilities ⑤ 4:30 Chair Yoga with Kristen			5:00 Bingo 6:00 Pilates Evening Class	
9:00 Coffee & Conversation 10:00 American Mahjong 10:25 Chair Cardio and Strength Training 3 11:00 Writing for Self-Discovery: Stories Within 1:00pm Study of the Book Knowing God † 1:30 Gentle Pickleball 2:00 Cardio Drumming 3 2:15 Acts: The Early Church Story † 2:30 Open Play Pickleball 3:00 Light Strength Training for All Abilities 3 4:30 Chair Yoga with Kristen	8:00 Open Play Pickleball 10:00 Comfort and Connection Group 10:30 The Evolution of American Federalism 12:45 Silent Book Club 2:00 Genealogy: Skills & Strategies 2:00 Beginner Pickleball Instruction 2:00 Line Dancing with Sandy 6:00 Pilates Evening Class	8:00 Open Play Pickleball 9:30 Medical ID Bracelets 10:00 American Mahjong 10:00 Chess Drop-In and Play 10:00 Open Paint Morning Creativity Session 11:00 Photography 101 11:00 Rabbit Trails in History 12:00 Books & Bites: The OWLS Club Lunchtime Book Club 1:00 Caregivers Support Community 1:00 Euchre Club 1:00 Poetry Share & Connect 2:30 Open Play Pickleball	8:00 Open Play Pickleball 8:00 Coffee and Conversation: Roundtable Talk 10:25 Chair Cardio and Strength Training 3 11:00 Health RHYTHMS Drumming 3 11:00 Smart Goal Setting 12:00 Cardio Drumming 3 2:00 Light Strength Training for All Abilities 3 5:00 Evening Euchre Club 6:00 Pilates Evening Class	9:00 Inside Walk at OWLS Club 10:00 Knitting & Crochet: Stitching for a Cause 11:15 Lunch & Learn Beacon Health January 2026 1:00 Games! 1:00 Ping Pong and Pool Friday Fun



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Monday	Tuesday	Wednesday	Thursday	Friday
19	20	21	22	23
9:00 Coffee & Conversation 10:00 American Mahjong 10:25 Chair Cardio and Strength Training 3 11:00 Writing for Self-Discovery: Stories Within 1:00 Owls League of Lifelong Learners 1:00pm Study of the Book Knowing God † 1:30 Gentle Pickleball 2:00 Cardio Drumming 3 2:15 Acts: The Early Church Story † 2:30 Open Play Pickleball 3:00 Light Strength Training for All Abilities 3 4:30 Chair Yoga with Kristen	8:00 Open Play Pickleball 10:30 The Evolution of American Federalism 2:00 Film Fanatics 2:00 Line Dancing with Sandy 6:00 Pilates Evening Class	8:00 Open Play Pickleball 10:00 American Mahjong 10:00 Open Paint Morning Creativity Session 11:00 Cornhole 11:00 Rabbit Trails in History 1:00 Euchre Club 2:30 Open Play Pickleball	8:00 Open Play Pickleball 8:00 Coffee and Conversation: Roundtable Talk 10:25 Chair Cardio and Strength Training 3 11:00 Health RHYTHMS Drumming 3 11:30 2nd Annual Volunteer Thank You Lunch 12:00 Cardio Drumming 3 3:00 Light Strength Training for All Abilities 3 4:30 Bingo with Berkshire Hathaway 6:00 Pilates Evening Class	9:00 Inside Walk at OWLS Club 10:00 Knitting & Crochet: Stitching for a Cause 11:45 Lunch Bunch with John & Ann 1:00 Games! 1:00 Ping Pong and Pool Friday Fun 4:00 OWLS Club Comedy Show: An Afternoon of Laughs §
26 9:00 Coffee & Conversation 10:00 American Mahjong 10:25 Chair Cardio and Strength Training 3 11:00 Writing for Self-Discovery: Stories Within 1:00pm Study of the Book Knowing God † 1:30 Gentle Pickleball 2:00 Cardio Drumming 3 2:15 Acts: The Early Church Story † 2:30 Open Play Pickleball 3:00 Light Strength Training for All Abilities 3 4:30 Chair Yoga with Kristen	8:00 Open Play Pickleball 1:00 Genealogy: Skills & Strategies 2:00 Line Dancing with Sandy 6:00 Pilates Evening Class	8:00 Open Play Pickleball 10:00 American Mahjong 10:00 Chess Drop-In and Play 10:00 Open Paint Morning Creativity Session 11:00 Photography 101 11:00 Rabbit Trails in History 1:00 Euchre Club 1:00 Poetry Share & Connect 2:30 Open Play Pickleball	8:00 Open Play Pickleball 8:00 Coffee and Conversation: Roundtable Talk 10:25 Chair Cardio and Strength Training 3 11:00 Artificial Intelligence (AI) Made Simple 11:00 Health RHYTHMS Drumming 3 12:00 Cardio Drumming 3 3:00 Author Talk: Don Wyckoff Before the Byline 3:00 Light Strength Training for All Abilities 3 5:00 Bridge: Just Play 6:00 Pilates Evening Class	9:00 Inside Walk at OWLS Club 9:00 Owls in Action: Habitat Volunteer Day 10:00 Knitting & Crochet: Stitching for a Cause 11:45 Lunch Bunch with John & Ann 1:00 Games! 1:00 Ping Pong and Pool Friday Fun